

Sergio TrigoSaugar

SOCIAL SCIENCE TEACHER - HISTORIAN

Calle Timanfaya 18, 5º B, 28924, Alcorcón, Madrid, Spain

(+34) 627133280 | (+34) 916120860 | sergiotrsau@gmail.com | Sergio Trigo Saugar | Date of birth:

13/06/1995 | DNI: 48200500K



Academic background

Master's Degree in Teacher Training for Compulsory Secondary Education and Baccalaureate, Vocational Training and Language Teaching.

Madrid - Spain

KING JUAN CARLOS UNIVERSITY

sep. 2021 - jun 2022

- **SPECIALISATION:** History, history of art and geography.
- **FINAL THESIS:** Educational Reforms from the Second Republic to the present day.
- **SUPERVISOR:** Prof. Javier Espinosa Gallardo.
- **INTERNSHIPS:** Two months at Colegio Amor de Dios.
- **CORE SUBJECTS:** Educational innovation and ICTs applied to the teaching of Social Sciences - Learning and personality development - Educational research applied to History, Geography and Art - Curriculum Design
Social Sciences - Psychosocial relations in the classroom - Complements to the disciplinary training I: History - Complements to the disciplinary training II: Geography - Social Sciences Didactics

Degree in History

Madrid - Spain

KING JUAN CARLOS UNIVERSITY

sep. 2017 - jul. 2021

- **GRADUATE:** With excellence, the best number one in the last ten years at the Universidad Rey Juan Carlos. Extraordinary End of Degree Award from the Community of Madrid.
- **Final Degree Project:** The Spanish Republican Exile in Europe and its participation in World War II.
- **SUPERVISOR:** Prof. José Luis Rodríguez Jiménez.
- **INTERNSHIPS:** Six months at the Pablo Iglesias Foundation.
- **CORE SUBJECTS:** Real sites as a professional resource - Prehistory with a gender perspective - Art and politics - How paintings, sculptures and architecture reflect the political evolution of human beings - Protofeminism in the Middle Ages - Spanish nationalism: How long has the Spanish nation existed?

Complementary Training

Law Studies

Madrid - Spain

COMPLUTENSE UNIVERSITY OF MADRID

Sep. 2013 - Jun. 2017

- **CORE COURSES:** Fire prevention - Safety at work - Labour law concerning workers' rights - Human rights: UN issues in international conflict resolution European Union Law

Studies in Political Science

Madrid - Spain

COMPLUTENSE UNIVERSITY OF MADRID

sep. 2012 - jun. 2013

- **MAIN COURSES:** Electoral Systems: Which would work best in Spain? - Trade relations between China and the European Union

Professional Experience

PSOE Department of Organisation and Security

Madrid - Spain

CONTROL ASSISTANT

sep. 2021 - now

- I take telephone calls from citizens, answer questions and redirect calls if necessary.
- I collect data and documentation from all available resources and combine them in an organised way.
- I produce detailed Excel reports from the data collected, according to defined standards and procedures, and provide data validation to ensure that the reports accurately represent the data.
- Other activities I carry out include security at all kinds of events and driver services, organising and setting up events and taking care of the logistical distribution of material.

Pablo Iglesias Foundation

Madrid - Spain

LIBRARIAN

Feb. 2021 - Jun. 2021

- I collaborated in the Foundation's last exhibition in the search for objects, newspaper articles, books, minutes of the Congress of Deputies, magazine articles referring to the exhibition on the attempted coup d'état of "23-F".
- I arranged and scheduled appointments, prepared and managed correspondence and maintained the daily agenda.
- I maintained an effective working relationship with colleagues.
- Other activities I carried out included sorting and classifying documents.

Museum of America, Ministry of Culture and Sport

Madrid - Spain

MUSEUM EMPLOYEE

Sep. 2019 - Mar. 2020

- It is based on the realisation of projects, for the elaboration of exhibitions. Like the one I collaborated on "Havana in the 19th century". Likewise on the rights of the indigenous people.
- I carried out activities as a Museum Guide in front of audiences from different countries, conducting the visit in Spanish and English.
- I ensured a safe viewing experience for all patrons by enforcing museum policies.
- I kept a watchful eye on the visiting public to avoid potential damage to the art objects.

Sanz Academy Study Centres

Madrid - Spain

academic support in history, language and grammar, geography and basic mathematics

Apr. 2018 - Jun. 2018

- Courses in history, language and grammar, geography and basic mathematics were offered.
- Create comprehensive lesson plans to ensure that students actively participate and understand the materials.
- I implemented stimulating lessons to attract the attention and interest of the students, allowing them to develop in the subject offered.
- I used various teaching methods and techniques to ensure a solid understanding of the concepts introduced.
- I developed and introduced an enrichment programme for students and subjects that needed help.

Movistar SA

Madrid - Spain

OFFICE CLERK

May 2015 - Sep. 2015

- It was based on dealing with breakdowns, registrations and cancellations in a company affiliated to Movistar.
- I served the customer in different languages, such as English, French and Spanish.
- I gave customers the right advice after understanding their needs, always with politeness and maximum customer care.
- I secured all individual and team objectives.
- I provided technical assistance to colleagues if necessary.

Congresses & Seminars

COTARQ

Madrid - Spain

faculty of legal and social sciences

Oct. 2017

- II International Congress on Other Archaeologies.
- Participated as assistant, duration 20 hours, 1 ECTS credit for Academic Credit Recognition.

Real sites as a professional resource

Madrid - Spain

URJCX

Mar. 2019 - Apr. 2019

- Summary of contents: real sites as a professional resource for history (and other humanities) - real sites as a professional resource for geography - real sites as an educational tool - real sites as a professional resource for geography - real sites as an educational tool
real sites as tourism products: marketing applications - real sites as a professional resource for architecture and new technologies: heritage visualisation and dissemination.

Microsoft Office Specialist (MOS)

Madrid - Spain

KING JUAN CARLOS UNIVERSITY

sep. 2021 - feb. 2021

- Massive Open Online Courses.
- Microsoft Office package specialisation.

Languages

ENGLISH

CEFR Level C1 - Spoken/Written/Reading Level C1 - Certificate Level C1 accredited by the Universidad Rey Juan Carlos, Cambridge College and the Escuela Oficial de Idiomas.

FRENCH CEFR Level A2 - Spoken/Written/Reading Level A2 - Certificate Level A2 accredited by the Instituto Amor de Dios de Alcorcón

SPANISH Native language

Skills & Capacities

Windows **COMPUTERS** - Microsoft Office specialisation - SPSS - ARCGIS

TECHNICAL KNOWLEDGE Legal consultancy - English translation - English grammar

Motivated - Proactive - Accurate - Goal oriented - Willing to learn - Analytical - Conceptual

METHODICALSKILLS

Decisive - Methodical in planning and execution - Effective application of new concepts and techniques - Problem solving skills - Commitment making - Willingness to travel

PERSONAL SKILLS

Team player - Communicative - Responsible - Reliable - Organisational - Flexible - Ambitious - Self-confident - Independent - Patient - Involved - Adaptable - Punctual - Tolerant Contributing new ideas

DRIVING LICENCE European driving licence, category B - Own vehicle

Hobbies

LANGUAGES - READING - WRITING - MUSIC - SWIMMING - TRAVELLING - CHESS